

Capability Statement



COMPANY OVERVIEW

With over a decade of executive experience supporting Fortune 500 Companies, and having worked with thousands of families in over 22 countries, Sandra Foster Consulting equips organizations and families with the tools they need to unlock their full potential and achieve lasting success.

Sandra Foster Consulting recognizes that thriving organizations and resilient families share a common foundation: empowered individuals equipped to navigate challenges and embrace opportunities.



Sandra Foster Consulting

113 Mill Plain Rd, #1091,
Danbury, CT 06811

UEI: W9JWYL4KG4Z4

CAGE: 9VLN3

CREDENTIALS

- CT S/MWBE Certified
- Previous Security Clearance (EOP)
- CMLC: Certified Master Life Coach
- CNW: Cert. in Nutritional Wellness

NAICS CODES

- **541611** Administrative Management and General Management Consulting Services
- **611430** Professional and Management Development Training
- **611710** Educational Support Services

CORE COMPETENCIES

Reduce Burnout and Strengthen Retention:

Enhance employee engagement with targeted administrative management and professional support services. Our training and education programs drive improved team dynamics, fostering resilience and reducing turnover through proven retention strategies.

Drive Innovation and Organizational Adaptability

Empower organizations with general management consulting services, analysis, and assessment to build advanced problem-solving capabilities. Our professional and management development training cultivates adaptability, fostering a culture of continuous improvement and strategic success.

Family Development Expertise

Equip families with educational support services that strengthen guidance and resilience. Our evidence-based programs for parents and adolescents enhance family dynamics through structured communication and conflict resolution techniques, fostering healthier relationships at home.

DIFFERENTIATORS

Evidence-Based Strategies

- Proven approaches that consistently deliver measurable improvements
- Boost employee engagement and well-being with research-backed methods
- Support ongoing professional growth through tangible, data-driven results

Tailored Solutions

- Customized programs designed to address your specific needs and goals
- Strategic focus on delivering impactful, timely, and measurable outcomes
- Align with your organization's objectives for maximum effectiveness

Expertise

- 30+ years of executive experience driving success in Fortune 500 companies
- Global reach: impactful solutions for thousands of families in 22 countries
- Track record of delivering quantifiable, sustainable improvements

- Executive Office Of The President (EOP)
- US Department Of Homeland Security
- US Defense Intelligence Agency
- US Patent & Trademark Office
- Transportation Security Administration
- National Geospatial Intelligence Agency
- National Science Foundation



ALLEN & OVERY



Deloitte.



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